

FALL 2025 LANGUAGE OF LEADERSHIP SCHEDULE AND STRUCTURE

Session	Dates	Areas of Focus/Activities
Session I	September 9-11, 2025	<ul style="list-style-type: none"> • Self-Awareness: Learn to become an objective observer of yourself • Way of Being: Learn about the impact of your language, body and emotions • The Power of Conversations: Practice critical conversation & open listening in 1:1 and group settings • Adult Learning: Set foundation for individualized coaching and development program
<i>Between Sessions I & II</i>	<i>September – November 2025</i>	<ul style="list-style-type: none"> • <i>Two coaching sessions via Zoom with certified integral coach</i> • <i>Engage in reading, personalized exercises & practices</i> • <i>Connect with a program learning partner</i>
Session II	November 18-19, 2025	<ul style="list-style-type: none"> • Identify & address habitual reactions that limit outcomes • Gain insight into the nine different personality styles and how to communicate effectively with each style • Learn about the different ways people deal with challenge & how to address the primary concerns of each style
<i>Between Sessions II & III</i>	<i>November 2025 – January 2026</i>	<ul style="list-style-type: none"> • <i>Two coaching sessions via Zoom with certified integral coach</i> • <i>Engage in reading, personalized exercises & practices</i> • <i>Connect with a program learning partner</i>
Session III	January 13-14, 2026	<ul style="list-style-type: none"> • Leadership coaching: Learn the fundamentals and flow of how to engage in coaching conversations • Open Listening: How to attune to others and listen for the recurring issue beneath the coaching topic • Coaching Practice: Learn how to prepare and conduct coaching sessions with peers • Trust: Explore the elements of prudent trust and how to establish more trusting relationships
<i>After Session III</i>	<i>January – February 2026</i>	<ul style="list-style-type: none"> • <i>Final sessions with coach and learning partner</i> • <i>Create a development plan for continued growth</i> • <i>Engage in reading, personalized exercises & practices</i>

Language of Leadership sessions will be held at:
 The Hilton Garden Inn, Springfield, OR
 Hours are 8:30 AM – 4:30 PM daily for Sessions I, II, III