

WINTER 2023 LANGUAGE OF LEADERSHIP SCHEDULE AND STRUCTURE

Session	Dates	Areas of Focus/Activities
Session I	Feb. 28 - March 2, 2023	<ul style="list-style-type: none"> • Self-Awareness: Learn to become an objective observer of yourself • Way of Being: the impact of your language, body and emotions • The Power of Conversations: Practice critical conversation and open listening in 1:1 and group settings • How We Change: Set foundation for individualized coaching/development program
Between Sessions I & II	March - April 2023	<ul style="list-style-type: none"> • Two coaching sessions with LOL facilitator/coach • Engage in personalized exercises and practices • Connect with a program learning partner
Session II	April 19 - 20, 2023	<ul style="list-style-type: none"> • Leadership Coaching: Learn the fundamentals and flow of how to engage in coaching conversations • Open Listening: How to attune to others and listen for the recurring issue beneath the coaching topic • Coaching Practice: including preparation and coaching sessions with peers
Between Sessions II & III	May - June 2023	<ul style="list-style-type: none"> • Two coaching sessions with LOL facilitator/coach • Engage in personalized exercises and practices • Connect with a program learning partner
Session III	June 14 - 15, 2023	<ul style="list-style-type: none"> • Identify and address habitual reactions that limit outcomes • Gain insight into the nine different personality styles and how to communicate effectively with each style • Learn about the different ways people deal with challenge and how to address the primary concerns of each style • Designing exercises and practices for personal change
After Session III	July 2023	<ul style="list-style-type: none"> • Final coaching session with LOL facilitator/coach

Language of Leadership sessions will be held at:

The Holiday Inn Express, Springfield, OR

Hours are from 8:30 AM – 5:00 PM each day