

## **FALL 2022 LANGUAGE OF LEADERSHIP SCHEDULE AND STRUCTURE**

Session	Dates	Areas of Focus/Activities
Session I	October 25 - 27, 2022	<ul> <li>Self-Awareness: Learn to become an objective observer of yourself</li> <li>Way of Being: the impact of your language, body and emotions</li> <li>The Power of Conversations: Practice critical conversation and open listening in 1:1 and group settings</li> <li>How We Change: Set foundation for individualized coaching/development program</li> </ul>
Between Sessions I & II	November - December 2022	<ul> <li>Two coaching sessions with ICA facilitator/coach</li> <li>Engage in personalized exercises and practices</li> <li>Connect with a program learning partner</li> </ul>
Session II	January 10 - 11, 2023	<ul> <li>Leadership Coaching: Learn the fundamentals and flow of how to engage in coaching conversations</li> <li>Open Listening: How to attune to others and listen for the recurring issue beneath the coaching topic</li> <li>Coaching Practice: including preparation and coaching sessions with peers</li> </ul>
Between Sessions II & III	February 2023	<ul> <li>Two coaching sessions with ICA facilitator/coach</li> <li>Engage in personalized exercises and practices</li> <li>Connect with a program learning partner</li> </ul>
Session III	March 7 - 8, 2023	<ul> <li>Identify and address habitual reactions that limit outcomes</li> <li>Gain insight into the nine different personality styles and how to communicate effectively with each style</li> <li>Learn about the different ways people deal with challenge and how to address the primary concerns of each style</li> <li>Designing exercises and practices for personal change</li> </ul>
After Session III	April 2023	<ul> <li>One coaching session with ICA facilitator/coach</li> <li>Engage in personalized exercises and practices</li> </ul>

## Language of Leadership sessions will be held at:

The Holiday Inn Express, Springfield, OR Hours are from 8:30 AM – 5:00 PM each day

The Fall 2022 Language of Leadership is planned as an in-person workshop. All local health and safety protocols will be followed. If the State of Oregon restricts in-person gatherings in October 2022, this program will be held on Zoom.